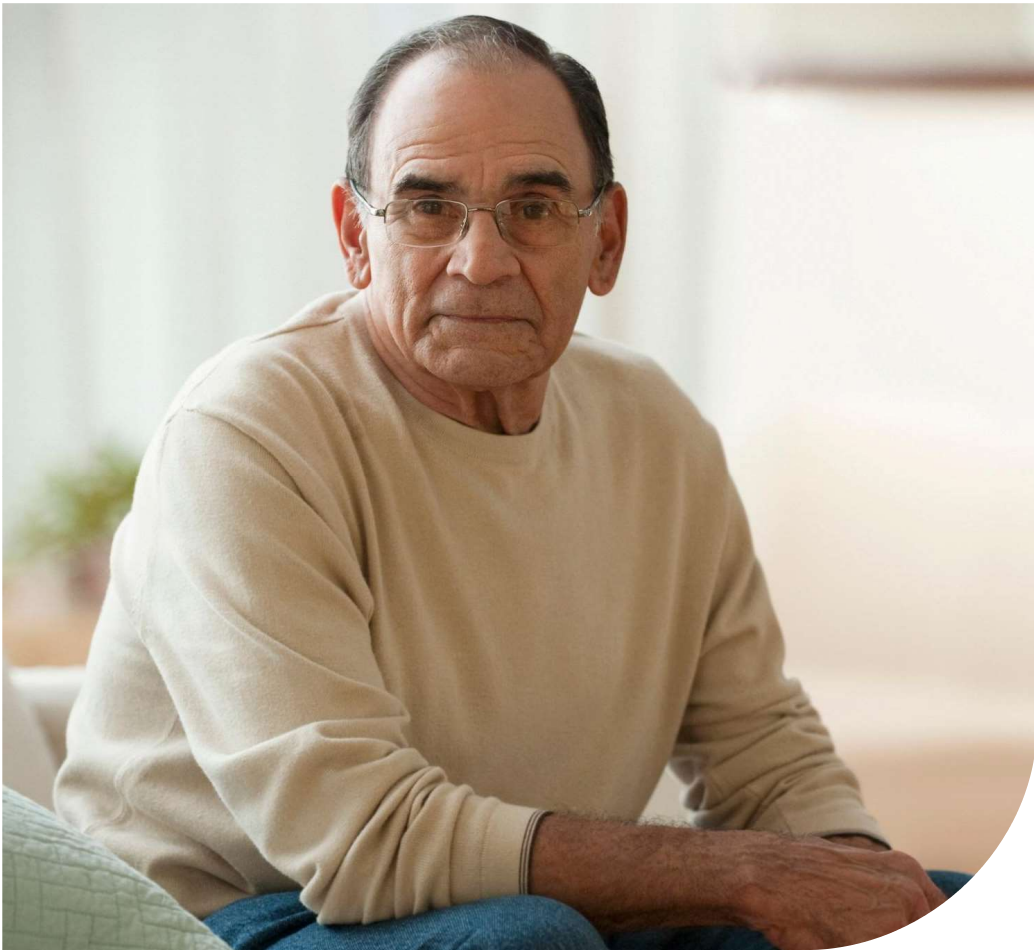


CHERRY TREE HOUSE

STRIDES' VETERANS ACCOMMODATION



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Affordable accommodation for ex-military men and women in the heart of London.

What's on offer?

One-bedroom self-contained flats between Clapham North and Stockwell for British Military veterans who require specialist living support, including enhanced housing management.

Criteria

No lower or upper age limit, no minimum service in the military, and no blanket exclusions. We recognise that ex-service personnel have built a wealth of skills and have unique requirements from a support service. You'll need to be open to the programme as outlined below. In return, we can offer a great flat in North

Clapham for up to 2 years and an opportunity to flourish in life and society.

What can I expect?

The Cherry Tree House (CTH) Programme is a residential support service dedicated to empowering UK armed forces veterans through holistic, trauma-informed support. Our mission aligns with the veteran's housing sector, ensuring that you receive dignified, structured, and community-driven support that will help you foster resilience, independence, skills, and integration.

This support is matched with enhanced housing management from an expert in the housing sector. From them, you will learn how social housing is designed to run in 2025 - warts and all!





Throughout your tenancy, you can expect to receive:

- 3 hours a week of tailored support ensuring you feel valued and respected.
- A weekly group lunch with other residents.
- Support to build resilience and independence through structured themes, employment guidance, and benefits navigation.
- A look at what it takes to make you as well as you can be, covering health, exercise, mental well-being, financial literacy, and housing stability to ensure long-term success beyond the programme.

During the first month, you'll settle in and get to know the local area. We'll help you to assess and identify your strengths, needs, and aspirations and help you develop a plan tailored to your goals for employment, health, and housing. We'll plan the months beyond that from a menu of 'themes.'

Themes

Theme 1: Skills and Employment Workshops

- Job search training, including CV writing, interview techniques, and networking strategies.
- Specialist career coaching to help you translate military experience into civilian employment.

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- Connect you with veteran employment services to help you secure job placements and apprenticeships.

Theme 2: Mental Health and Well-being Support

- Trauma-informed practices to support you with PTSD, anxiety, and depression.
- Peer-support groups, counseling services, and access to mental health specialists.

Theme 3: Community Integration and Volunteering

- Work with you to connect with

local veteran networks and volunteer opportunities.

- Facilitate engagement with support groups, charities, and community projects.

Theme 4: Financial Literacy and Benefits Navigation

- Workshops to support you with budgeting, debt management, and financial planning.
- Expert-led sessions to help you navigate welfare benefits, including Universal Credit, Armed Forces Compensation, and PIP assessments.





Theme 5: Mid-Programme Evaluation

At this point, we'll review your progress and assess your personal and professional development against your development plan.

Theme 6: Peer Support Network Development

- Support you in mentoring and supporting newer residents.
- Encourage long-term peer connections for ongoing emotional and practical support.

Theme 7: Independent Living Preparation

- Workshops on your rights as a tenant, housing applications, and household management.

- We'll help you connect with local authorities and veteran housing providers to secure longer-term accommodation.

Theme 8: Celebrating Achievements

At this point in the programme, we want to celebrate your individual and group successes, recongising the achievements you have made since you entered the programme.

Theme 9: Long-Term Goal Setting

- Assist in setting your long-term career, education, and personal development goals.
- Access to employment coaching and vocational training.

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Theme 10: Transition Planning

- Develop your personalised transition plan to ensure a smooth post-programme experience.
- Ensure you are connected with support services, including DWP Armed Forces Champions and mental health resources.

Theme 11: Future Connections and Follow-up

- Conduct a final assessment and exit interview.
- Create a post-programme action

plan to help you maintain stability and success.

- Provide a dedicated contact for ongoing support after you leave Cherry Tree House.

Want to find out more? Get in touch.

Please email
residential@strides.org

Or you can call or text to schedule an informal chat and talk through the application process:

Dwight Laing: 07539448760
Jamie Hickling: 07581181194



